

# HaTS Newsletter

## May 2016



Registered Charity  
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### HaTS Charity Changes

After many years sharing a basement office within the HTU, HaTS has moved to a new office off-site. Some of our details have changed so below is a summary of all the communication channels you need to know:

**Postal address (new):**

The HaTS Charity  
Empress Business Centre  
380 Chester Road  
Manchester  
M16 9EA

**Email (new):**

thehatscharity@gmail.com

**Twitter (new):**

@thehatscharity

**Telephone (unchanged):**

07921 852 783

**Website (unchanged):**

www.hatsupport.co.uk

**Facebook (unchanged):**

facebook.com/hatsupport

### Networking Event

Our HaTS Coordinator has been busy recently, speaking to the HTU patients and families to find out what activities or services HaTS should be delivering. You told him that there was a need for more Support / Networking activities so we have decided to host an event on the afternoon of 9th July 2016, at the Village Hotel in Bury. The event will include a light lunch and refreshments as well as an interesting agenda put together by fellow patients. Places will be limited, so if you are interested in attending, please send an email to thehatscharity@gmail.com with the title "9th July Meeting" and include your name, telephone number, your address and number of places you would like to reserve. We will email you back with the details. If you do not have access to email, please call the HaTS Coordinator on 07921 852783.

The event has been sponsored by generous donations from two supporters (who wish to remain anonymous).

### Annual Reunion

This year it is our 30th anniversary so we want it to be a big celebration! The tombola and the stalls will be back, just like you asked, and for that extra special celebration we will be changing the venue to the Worsley Park Marriott Hotel, Friday 30th September 2016. Invites will be sent out early summer and places will be limited, so please don't delay your response. If you think you are not on the HaTS mailing database, please email the HaTS Coordinator or ring on 07921 852783.

### Lyme Park Sponsored Walk

Following on from the successful 2015 Lyme Park Walk, HaTS is organising a repeat for 2016. The walk will once again be held on Father's day, Sunday 19th June. The 2015 walk was a great day out and raised vital funds for HaTS. Please drop us an email if you would like to join us or ring on 07921 852783.



## Daniel Clout's Great Outdoors Challenge (TGO)

The TGO Challenge is an annual backpacking event in which 300 participants walk from the west coast to the east coast of Scotland. 2016 will be the 37th year of the event and is taking place now; 13-27 May 2016. The event is for experienced backpackers with skills including the ability and confidence to use a tent, cook in the wilds, navigate with map and compass and protect themselves from bad weather.

Daniel Clout has enjoyed camping from an early age and in recent years has taken up wild camping with long distance walking. He has completed the West Highland Way & Cumbrian Way and is now undertaking the TGO challenge to raise money for HaTS.

## Tour de Manc

HaTS has joined forces with Forever Manchester, a local charity supporting community projects across Greater Manchester, to put on the inaugural Tour de Manc. On June 12th, this epic 100km/100mile bike ride will leave Prestwich and take a route around Greater Manchester, treating riders to some amazing views, whilst testing their endurance and courage. All proceeds will be split equally between HaTS and Forever Manchester charities.

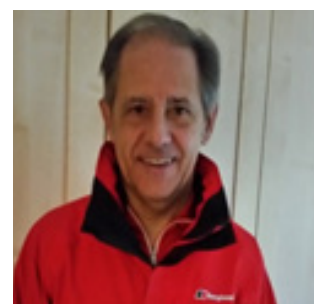


## Getting Muddy for Money

An intrepid team of adventurers from the Palatine Ward are doing 'Tough Mudder' this summer to raise money for HaTS and the Teenage Cancer Trust. They are heading over to Yorkshire on the 7th August 2016 for a gentle half marathon run/walk and the occasional little obstacle - 8 foot walls, monkey bar mud pits and 10000 volts electroshock therapy to name just a few. The group is made up of people associated with the Ward: from nurses to pharmacists; social workers to critical care outreach nurses; housekeepers to health care assistants. It really is a full team approach, reflecting the holistic way in which HaTS and Teenage Cancer Trust provides for patients and their families. They are all collecting sponsorship but don't worry if you don't have direct access to any of them, you can donate via the HaTS website. Wish them luck!

## Dave Jones' Ski Challenge

You may have read about Dave Jones and his Ski challenge on our website. If not, here's a quick summary. Dave was diagnosed with leukaemia in June 2014 and after chemotherapy, had a stem cell transplant in the HTU in October 2014. He is now well on the road to recovery and decided to do a sponsored ski to raise money for HaTS. Dave exceeded his 1200km target by 800km and has pledged of over £850 excluding gift aid! But he is not stopping there - he now plans to compete in the British transplant games. Support Dave and HaTS by making a pledge to <https://mydonate.bt.com/fundraisers/davidjones5>



## HaTS rode the Velodrome

On 30th January 2016, 49 HaTS supporters took to the famous Manchester Velodrome boards, many wearing new bespoke HaTS cycling jerseys produced just for the event. Novice riders learned to ride the track and received skills coaching; Intermediate riders had a refresher with coaches and then progressed to pace riding; whilst the advanced riders enjoyed a fast pace skills improvement session with an Italian team sprint to finish. Our Chair, Angie Leather's team posted the fastest time! The event was a sell-out, raising more than £2100 for HaTS!

